

A RANGE OF PLANT-BASED PRODUCTS MADE FROM MUSHROOMS



FULL OF THE NATURAL GOODNESS OF MUSHROOMS

Uncover a new era of plant based alternatives with our cutting-edge **Froom™ Range of Mushroom based products**, catering to the discerning tastes of environmentally conscious consumers, while offering unparalleled deliciousness.

Our revolutionary range of mushroom-based products delivers the perfect harmony of taste, texture, flavour and quality that the plant-based market is looking for.

A **whole food product** that leverages the **natural goodness of mushrooms**. Perfect for consumers seeking **healthier and more environmentally friendly choices** that are better for protecting the planet.

Taste the future of plant-based cuisine with our delectable mushroom-based products.

♥ HEALTHY FOR YOU & THE PLANET

♥ EXCELLENT TASTE, FLAVOUR & TEXTURE

✓ A WHOLEFOOD PRODUCT

✓ SOURCE OF PROTEIN

✓ SOURCE OF FIBRE

✓ 100% VEGAN FRIENDLY

✓ QUALITY INGREDIENTS

✓ LOW IN CALORIES

✓ NON GMO

✓ NOT ENGINEERED

✓ NO ADDED SUGAR

BURGERS - 220g (2 x 110g)

Discover a burger like no other, expertly crafted from mushrooms. Our Froom™ Mushroom Burger delivers an exceptional feast of taste, texture, and flavour.



Light & Lean Mushroom Burger



Mushroom Cheese Burger

SERVINGS PER PACK: 2

SERVINGS PER SIZE: 110g

NUTRITIONAL INFORMATION

AVERAGE QUANTITIES	Ave. per 110g Serving	Ave per 100g
Energy (kJ)	487.3	443
Energy (Cal)	116.6	106
Protein (g)	7.15	6.5
Fat, Total (g)	1.012	0.92
- Saturated (g)	0.716	0.16
Carbohydrates (g)	18.15	16.5
- Sugars (g)	0.836	0.76
Dietary Fibres (g)	5.72	0.52
Sodium (mg)	332.2	302

MINCE - 300g

Experience a culinary revelation with our delectable all-purpose Froom™ Mushroom Mince, perfect for elevating any dish, any time of the day.



Mushroom Mince Tacos



Mushroom Mince Bolognese

SERVINGS PER PACK: 3

SERVINGS PER SIZE: 100g

NUTRITIONAL INFORMATION

AVERAGE QUANTITIES	Ave. per 100g Serving	Ave per 100g
Energy (kJ)	443	443
Energy (Cal)	106	106
Protein (g)	6.5	6.5
Fat, Total (g)	0.92	0.92
- Saturated (g)	0.16	0.16
Carbohydrates (g)	16.5	16.5
- Sugars (g)	0.76	0.76
Dietary Fibres (g)	0.52	0.52
Sodium (mg)	302	302

BALLS - 240G (12 x 20g)

Elevate your menu with our irresistibly delicious & versatile Froom™ Mushroom Balls. They are a perfect plant-based alternative for a range of cuisine types.



Mushroom Ball Wrap



SERVINGS PER PACK: 3

SERVINGS PER SIZE: 80g

NUTRITIONAL INFORMATION

AVERAGE QUANTITIES	Ave. per 80g Serving	Ave per 100g
Energy (kJ)	354.4	443
Energy (Cal)	84.8	106
Protein (g)	5.2	6.5
Fat, Total (g)	0.736	0.92
- Saturated (g)	0.128	0.16
Carbohydrates (g)	13.2	16.5
- Sugars (g)	0.608	0.76
Dietary Fibres (g)	4.16	0.52
Sodium (mg)	241.6	302

Ingredients: Mushrooms (57.5%)*, Chickpeas*, Onions, Maize Meal, Polenta, Psyllium husk, Pea Protein*, Methyl Cellulose, Salt, Beetroot Powder, Ground Black Pepper, Garlic Powder, Nutritional Yeast, Paprika, Turmeric, Ground Coriander, Mustard, Ascorbic acid, Rosemary Extract, Potassium Sorbate, (*Sources of protein).

Allergens: May contain Wheat, Gluten, Tree nuts, Sesame seeds, Soy

Product Code	Product Description	Product Size	CTN QTY	Barcode
F8F 210	Mushroom Burger	220g (2 x 110g)	9	9369999110574
F8F 214	Mushroom Mince	300g	9	9369998513574
F8F 212	Mushroom Balls	240g (12 x 20g)	6	9369998441686

Shelf life of all products: 28 days from thawback

FOR MORE INFORMATION ABOUT OUR FROOM RANGE OF MUSHROOM BASED PRODUCTS PLEASE CONTACT YOUR FASCIN8FOODS REPRESENTATIVE.

E: sales@fascin8foods.com.au

M: +61 404 969 163

HQ: 98 Clifford Street Goulburn, NSW, 2580

www.fascin8foods.com.au



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